



TERM 'ENERGY'



Mr. Jayesh Kapadia
Mumbai

- Study : B.Com. D.F.T.M. (Diploma in Foreign Trade Management (Mumbai University), Certificate on Jain Philosophy from Mumbai University. C.H.A. category – I holder.
- Astrologer, Developed Numerology Program in English and Thai known as E Numeric Booklet
- Involved study and interest in occult sciences like Vaastu, Palm Reading, Face reading, Gemology, and Spiritual Science.
- Spiritual counselors to individual and delivers his lectures on Jainism with his personal notes and experience.
- Recent learning: Dowsing course with Vastu Aarogayum.

This is my first ever note on writing on word "Energy".

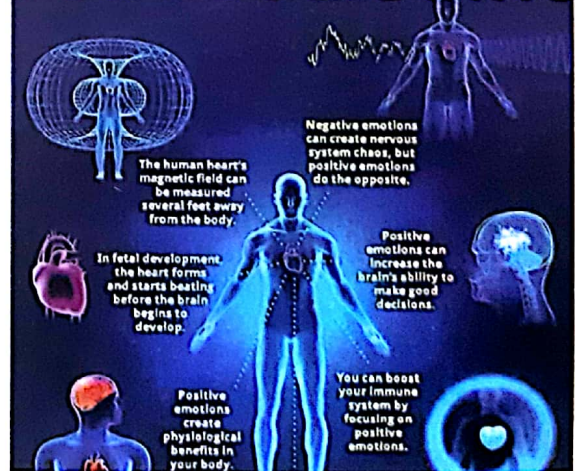
ENERGY (from the Greek energica = action = activity) is a general quantitative measure of any type of movement, activity and the interaction of all types of matter.

Well - known theory of relativity shows, $E = mc^2$ where $e =$ energy, $m =$ mass and where c is constant, which means that in any amount of mass we have huge energy potential. We know nuclear bomb where from little mass we directly extract huge energy. Likewise, every human body possesses tremendous resource of energy. Energy is the strength and vitality required for sustained physical, emotional or mental activity. It is the capacity to do work. We accept this energy from foods, water

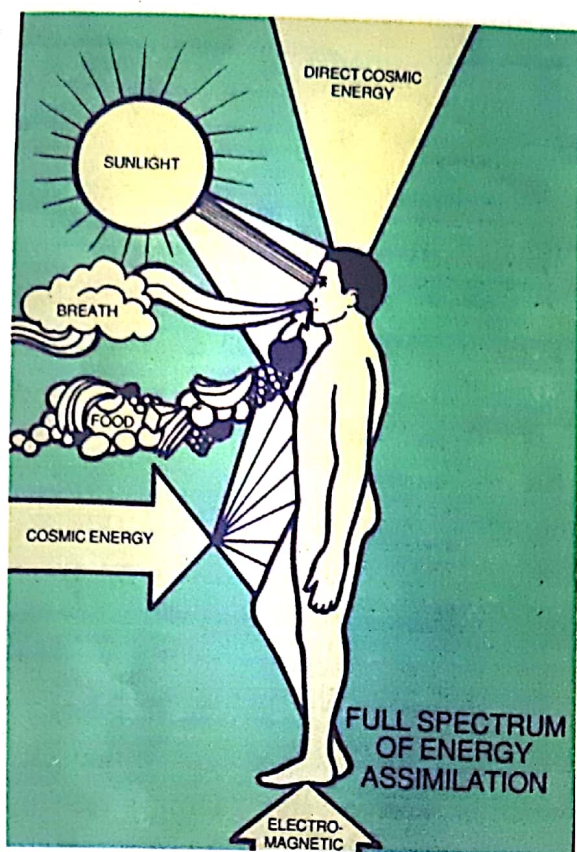
and light. These are the main resource of life.

We accept energy in our daily life in two ways either as positive and negative depend upon purpose behind. There is also such thing as energy transformation. Energy transformation is an energy conversion. It is the process of changing one form of energy to another one.

You Are Electric



'God is the life-breath of every soul.' - BABA



Energy can be manifested in many ways.

There is two different types of energies, renewable energy, and non renewable energy. Renewable energy is energy generated from natural sources, and non-renewable energy is energy, which taken from the sources that are available on earth in limited quantity.

There are also energy sources. Some of the main energy sources are heat energy, electrical energy, mechanical energy, light energy, and chemical energy. They all have different jobs to do, if you do not know their jobs, refer back to their names.

There is also potential and kinetic energy. Potential energy is thr energy stored by an object by virtue of its

position. Kinetic energy is energy in motion, so moving, or doing something.

Since we are in touch with energy for all the time, we must understand its important and their usefulness in our life . The one thing is important to know that energy flows where attention goes.

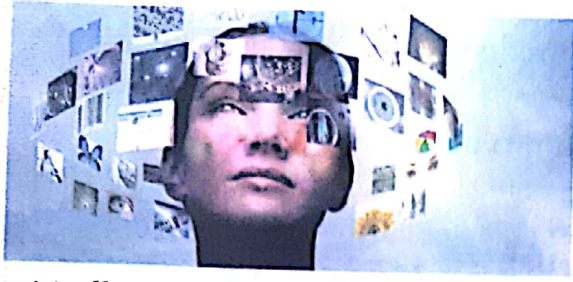
Your consciousness is power – literally. When you bring to focus your energy on a goal you have, what happens? You think about it more and more. You begin to see it more throughout your everyday life, constantly reminding you. Money begins to be accumulated in order to accommodate your desire for this object because you are consciously and unconsciously set on manifesting this reality. Mental energy is an extremely powerful tool in this world.

That is why people who are on stage with many thousands of people watching them, say they feel immense energy. Because the crowd is giving them this energy, many Olympians say that they perform better during the actual games than any training beforehand. Their new fuel source is attention. However, what is “attention”? It is consciousness and psychological energy.

First step, towards achieving your dream and what you want to be, focus on it. Direct your attention to it i.e. actions and thoughts. Once this happens, the Universe will respond to you, and begin sending you what you are putting “out”.

Turning around second aspect of energy. The concept that energies are





critically important to the universe and to our lives is not new. For thousands of years, people throughout the planet have known this and, particularly in the past, have built their lives around their relationships with these energies. Today the role of energies is still recognised though to a much lesser degree in the west than elsewhere, because science moved its thinking to a more mechanistic universe.

We realised that the effects that we experience as a healer and the strong sensations felt by clients were the result of a conscious effort on our part that was being matched by an outside universal power. Energies are essential to practices such as acupuncture, homeopathy, Tai-Chi, Reiki and other healing methods as well as Feng-Shui, crystals and so much else.

The intelligent interaction between humans and universal energies is now easy to see and fits squarely into modern science. All we have to do is now is to build on it in order to understand more about life and the universe than has ever been known. "If you want to find the secret of universe, think in terms of energy, frequency and vibration – Nikola Tesla

In other words, all universes are continuously running with on energy.

For our human life betterment, use energy in such a way that could be harmonized for all civilizations and animals. Understanding of energy for human physical, emotional, mental, intellectual, spiritual and lastly divine is vital. Energy remains constant.



Positive and Negative Energy

Due to our wrong habits or negative thoughts, our body's Good or say Shubh Urja i.e. Positive Energy starts deteriorating wherein Negative Energy increases manifold due to the increase in electronic usage, having more glass work at your residence or office etc. which is why you start facing problems in your life and become unsuccessful. Therefore, in order to increase your body's and residence or office's positive energies, you can use scientific ways to enhance these energies.

Removal of Evil Energy With the help of scientific energy products, you can verify if someone has an evil eye on you or your residence, office etc. You can even know about the exact point or location where this black magic is been done, even on which body part. There are instruments available in market that will permanently get you rid of all these bad effects so do not worry. Just find it out from Google. One must understand that we do not play with energy. It is dangerous. Negative Energy can destroy you well. Thus Vastu energies should be checked and balanced regularly for healthy living.

